



## SFC SPENSER MANGO

**SPORT**

Men's Wrestling Coach

**COLLEGE**

Northern Michigan University

**EVENT**

Greco-Roman 77kg

**JOINED ARMY**

August 2010

**HOMETOWN**

St. Louis, MO

**BRANCH**

Active Duty

**HIGH SCHOOL**

Christian Brothers  
College High School

**MOS**

88M, Motor Transport Operator

Spenser grew up playing football, but “everyone was always bigger than me,” he says. He looked into wrestling because it was broken into weight classes. He fell in love with the sport and won high school state in his third year. He continued his career at the US Olympic Education Center at Northern Michigan University, where he earned a bachelor's degree in physical education, and made his first Olympic Team and two world teams. He joined the Army the summer after graduation and has since made four more world teams and another Olympic team. He retired from competing in 2016 and was accepted to the team as a coach.

***“Being a Soldier-athlete is a great honor. There is nothing better than being able to represent your country, not just in your sport, but also as a Soldier in the United States Army. Both opportunities are extremely humbling and fulfilling.”***

### CAREER HIGHLIGHTS

2x U.S. Olympian (2008, 2012)  
6x U.S. World Team Member (2009, 2010, 2011, 2013, 2014, 2015)  
USA Wrestling Greco-Roman Coach of the Year (2019, 2023 & 2024)

**2024**

USA Wrestling Greco-Roman Coach of the Year

**2008**

U.S. Army Olympian

**2023**

USA Wrestling Greco-Roman Coach of the Year

**2006**

University World Champion

**2020**

U.S. Olympic Greco-Roman Wrestling Coach

**2019**

USA Wrestling Greco-Roman Coach of the Year

**2012**

U.S. Army Olympian